

Your Potential Counselling Services

"Supporting Mental Health and Wellbeing"



bacp | professional
standards
authority
accredited register
Registered Member 375378
MBACP

Alison MacPhee
MBACP, MSc Counselling and Psychotherapy

Hello

I am Alison your School Counsellor. I work with young people in your school when difficulties, experiences or situations begin to have an impact on their emotional wellbeing. I provide a safe and confidential space for you to look at your concerns. I am a person- centred counsellor. That means most of the work I do with clients is through talking about whatever they bring. It is a very relaxed way of working.

In this section of the school website you can access everything you need to know about counselling services and can download a referral form.

Warmest regards

Alison